



6 Miles	4 Miles
Right on Carson St	Right on Carson St
Right on Smithfield Bridge	Right on Smithfield Bridge
Right on pedestrian walkway	Right on pedestrian walkway
Left on Grant St at crosswalk	Left on Grant St at crosswalk
Right on First Ave	Right on First Ave
Left on Ross St	Left on Ross St
Right on Forbes Ave	Right on Forbes Ave
Right on Craft St	Right onto Birmingham Bridge
Left on Blvd of the Allies	Right on Carson St
Right on Bates St	Return to start
Left on Second Ave	
Right onto Hot Metal Bridge	
Right on Carson St	
Return to start	