



6 Miles	4 Miles
Right on Western Ave	Right on Western Ave
Left on Fulton St	Left on Fulton St
Right on Fontella St (under highway)	Right on Fontella St (under highway)
Continue on Casino Dr	Continue on Casino Dr
Right on Allegheny Ave	Right on Allegheny Ave
Bear right onto trail at Science Center	Bear right onto trail at Science Center
Left at Heinz St	Left at Heinz St
Left on Progress St	Left on Progress St
Right on Chestnut St	Right on Chestnut St
Left on Spring Garden Ave	Left on Ohio St
Continue on North Ave	Continue through Allegheny Commons
Right on James St	Continue on Ridge Ave
Left on Hemlock St	Bear right on Western Ave
Right on Federal St	Return to start
Left on Sampsonia Way	
Right on Arch St	
Left on Jackson St	
Left on Brighton Rd	
Right on Pennsylvania Ave	
Right on Chateau St	
Right on Western Ave	
Return to start	